



# TRAVEL LYNX

## PACK IT UP

*For most of you....this is not your first rodeo, but sometimes we just forget. The essentials to bring with you, wherever you go...having these travel essentials with you will ensure that you have an amazing vacation.*

- **Prescription Medication**

- Be sure to pack your prescription drugs in your carry-on luggage. You don't want to be without your medication if there are delays or if your luggage goes missing. The Government advises carrying your medication in the original prescription bottle and confirming that your medication is okay to carry in the country you are visiting.

- **First Aid Essentials**

- Because accidents can happen anywhere at any time, so be sure you are prepared with a first aid kit.

- **Just-in-Case Medication**

- There is nothing worse than getting sick on vacation, it's unfortunate but it does happen. Ibuprofen, Vitamin C, Halls cough candy, allergy meds, plus other types of useful medications are good to have on hand. Way cheaper for you to buy here at home than to pay top dollar on vacation.

- **Toothbrush**

- Don't forget your toothbrush and toothpaste. You will want those pearly whites looking amazing for all the great vacation photos you will be taking.

- **Electronic Chargers and Water Protective Supplies**

- You will want to be sure your electronic devices are all fully charged and protected from water and humidity damage.

- **Your sense of adventure**

- Go on, scratch a few things off your "bucket list"